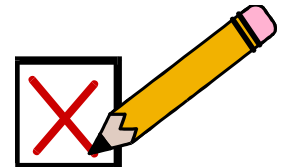


# PRE-DEPLOYMENT CHECKLIST FOR SINGLE MEMBERS



The following is a **checklist** to assist you in preparing for the unexpected as well as the routine aspects of daily life during deployment. It outlines several essential areas to consider when preparing for a deployment. For help with this, check out the **“Everything Binder”** found on our website at [www.esquimaltmfrc.com](http://www.esquimaltmfrc.com)

## Vehicle

- Vehicle insurance /storage insurance
- Vehicle storage
- Driver’s license

## Financial

- Bill paying plan
- Pay allotments (if required)
- Mortgage/Rent
- Home insurance
- Property Tax (Homeowners Grant)

## Legal

- Power of Attorney
- Bank and investment Power of Attorney
- Check that your Next of Kin Form is correct and up to date (DND 2587)
- Will
- Life insurance
- Supplementary Death Benefits
- List of important documents and their location

## Information/Support to share with Family/Friends

- How to contact you during deployment
- Decide how/when you want to be contacted if emergency should happen

- Military Family Resource Centre  
250-363-2640 or 1-800-353-3329
- Parents contact info
- Family Network Email
- Mailing Information
- Member’s rank, service number, unit

## Pets – If you are leaving your pet with someone

- Microchip/Tattoo number
- Registration number
- Feeding information
- Veterinary information
- Medical information
- Routines

## Children – If you are leaving your child/children with someone

- Emergency Childcare plan
- Requirements for travel abroad with children when parent is absent
- Relevant school information
- Relevant extra curriculum information
- Childcare information
- Medical information